

1 set of 4 dpn size 2.75 mm or 2 U.S.

# Gauge:

4 inches square in cable stitch pattern = 32 stitches by 48 rows

Size Ladies 6/7, 8/9, 10/11

Cast on 80 sts. 27 sts. on  $1^{st}$  needle. 26 sts. on  $2^{nd}$  needle. 27 sts. on  $3^{rd}$  needle. Rib in k1 p1 for 1 inch.

## Begin Cable Pattern:

1<sup>st</sup> rnd: knit

2<sup>nd</sup> rnd: \*p1 k8 p1\* repeat \*\* until end of row

3<sup>rd</sup> rnd: \*k3 slip next 2 sts. onto cable needle k2 slip the

2 sts. from the cable needle onto left needle k5\*

repeat \*\* to end of round.

4th rnd: knit

Repeat these 4 rounds until sock measures 5 inches (or whatever length you would like the cuff to be).

### Heel:

Knit 20 sts. onto 1<sup>st</sup> needle. Slip remaining 7 sts. onto 2<sup>nd</sup> needle. Slip 20 sts. from 3<sup>rd</sup> needle onto 1<sup>st</sup> needle. Slip 13 sts. from 2<sup>nd</sup> needle onto 3<sup>rd</sup> needle. So you have the following: 1<sup>st</sup> needle: 40 sts. these stitches are the Heel. Mark the centre at 20 sts.

2<sup>nd</sup> needle: 20 sts.

3<sup>rd</sup> needle: 20 sts. 2<sup>nd</sup> and 3<sup>rd</sup> needles sts. are the Instep sts.

Work the following rows using only two needles and the 40 heel sts.

1st row: (WS) purl

2<sup>nd</sup> row: \*k1 sl1\* to end of row (this is a reinforcing stitch). Repeat these two rows until heel measures 2.5 inches.

ending with a purl row.

### Heel Turn:

1<sup>st</sup> row: k22 sl1 k1 psso k1 Turn

2<sup>nd</sup> row: purl to 2sts. pass centre p2tog p1. Turn 3<sup>rd</sup> row: knit to 3 sts. pass centre k1 psso k1 Turn 4<sup>th</sup> row: purl to 3 sts. pass centre p2tog p1 Turn

Continue in this manner, increasing the number of sts. pass the centre by 1 until all sts. possible have been worked. End with a purl row.

#### Instep:

Knit 1 row with 1<sup>st</sup> needle and then with the same needle pick up 20 sts. along side of heel flap. With the 2<sup>nd</sup> needle work across in cable pattern the 40 instep sts. With the 3<sup>rd</sup> needle pick up 20 sts along the side of the heel flap knit 20 sts. to the centre of the heel. So now you have the following:

1st needle: 32 sts.

2<sup>nd</sup> needle: 40 sts. Instep sts.

3<sup>rd</sup> needle: 32 sts.

### Decrease as follows:

1<sup>st</sup> rnd:

1st needle: knit to last 3 sts k2tog k

2<sup>nd</sup> needle: cable pattern across to end of needle

3rd needle: knit

2<sup>nd</sup> rnd:

1st needle: knit

2<sup>nd</sup> needle: cable pattern to end of needle

3rd needle: knit

Repeat these two rounds until 60 sts. remain.

#### Toe:

Redistribute sts. so you have the following:

1<sup>st</sup> needle: 15 sts. 2<sup>nd</sup> needle: 30 sts. 3<sup>rd</sup> needle: 15 sts.

Discontinue the cable pattern from this point on. Continue as follows:

1<sup>st</sup> rnd:

1st needle: knit to last 3 sts. k2tog k1

2<sup>nd</sup> needle:k1 sl1 k1 psso knit to last 3 sts. k2tog k1 3<sup>rd</sup> needle: k1 sl1 k1 psso knit to end of needle

2<sup>nd</sup> rnd: knit even

Continue these 2rnds until 16 sts. remain. Transfer onto 2 needles (8 sts. on each needle). Weave sts. together and secure thread. Make matching sock the same way.